

**Small Group Notes - 19th February 2017**  
**Celebration: A Worshiping People**

**Read 2 Samuel 6:12-22 and Psalm 100**

Pray/bring before God anything you are thankful for (it could be a person, something that has happened, a way you have seen God's faithfulness, love or provision at work, etc).

1. Psalm 100 is a very 'active' psalm. What practical suggestions does the psalm writer give to help us worship? How often do we do these things in our every day life and as we gather to worship together at church?

2. Psalm 100 suggests 'shouting for joy to the Lord', and David 'danced before the Lord with all his might'. Have you ever celebrated anything with that sort of exuberant energy? Why do you think we sometimes find it challenging to express this sort of energy in our worship? Do you think fear of what others might think of us, the influence of the world or anything else ever has an impact on our worship?

3. Philippians 4:4 says, 'Rejoice in the Lord always. I will say it again: Rejoice!' Do you find it easy or difficult to 'rejoice always'?

4. Jesus said 'I have come so that you may have life' (John 10:10) and Romans 8 says, 'Therefore there is now NO condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.' How do these truths impact the way we live our lives?

5. Worship is about so much more than the songs we sing! Songs are just a tool to help us worship. We are called to live lives of worship (to be living sacrifices). Jesus said that the greatest commandment is to 'Love the Lord your God with all your heart and with all your soul and with all your mind.' (Matthew 22:37). Are there areas of your life you find it hard to worship God with? Are there any areas we aren't 'going for it' with 'all our might'?

6. Seriousness isn't a fruit of the Spirit - but JOY IS! Our God is the God of fun, laughter and joy! How important do you think it is that the Church models the 'art of celebration' to a broken, hurting and fearful world?