

Study Question on 1 Timothy 4:6-16
(Sun 8th Jan 2017)

- What was the over-arching main problem being addressed in these verses(1Tim 4:1-5)
- Explain what you think verses 4 and 5 mean and how someone might misinterpret/apply its meaning?
- How can you protect yourself from false teaching in the church?
- The concept of training is mentioned multiple times in today's verses. What does it mean to "train spiritually"(1 Tim 4:6-10)
- According to our verses, why should you "train spiritually"? (Note: Paul mentions multiple reasons for such training.)
- Make a list of things you currently do to "train spiritually".
- List the specific instructions Paul gives to Timothy (and us). (1Tim 4:6-11)
- From your list in question 11, which specific instruction is easier and which is more difficult for you to follow and why?

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