

Small Group Bible Study Notes - Sunday 1st May 2016

Healthy heart; Wellspring of Life - Proverbs 4: 18 - 27

The book of Proverbs is very practical, painting pictures of what life is like or should be like when we follow God. It gives us a window into the world. It provides insights as to how things work and how people behave. It is very much about a person's relationship with God and God's relationship with a person. The samples of behaviour that are set before us, challenge us to ask "What is God's way of life, and what is our way of life?"

The book is the work of several authors. Three are named, Solomon, Agur and Lemuel, others are mentioned as "Wise men".

It is not like other books of the Bible. The meaning of a verse is self-contained and does not always bear any connection with what precedes or follows. It however is a very important book teaching us how to discern the motives and methods of people, tact in handling relationships and the dangers which surround us each day in our Christian walk with God.

- 1) What is the difference in following the "way of the world" and the way of God? Compare St. John Chapter 17: 15 ff.
- 2) How is the Christian journey described in verse 1? What does it mean in practical terms?
- 3) What does the writer says reveals what is inside us?
- 4) How are we to grow and mature? (verses 20 -27). What are the dangers of the Christian life?

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